

THE GORGE GAZETTE

**YOUR GUIDE TO FAMILY FUN
IN THE RED RIVER GORGE**

**Complimentary
Copy - Please,
Take One!**

The Official (only!) Newspaper of The Red River Gorge

Vol. 1 No. 6

Adventure ~ Relaxation ~ Accommodations ~ Awe Inspiring Natural Beauty ~ Friendly People

August 2021



Mission Statement

To provide Christian ministries during appropriate seasons of the year, including Christmas and Easter, through a system of delivering clothes, food, toys, and school supplies to impoverished families; to assist in repair of existing homes or relocating to other homes when appropriate; to provide scholarships for qualifying children of the area; to assist in developing skills or other expertise for the creation of new or expanded jobs in the area; and to assist in locating jobs for persons who are willing to relocate outside the area.

The Mission of Hope is a year round ministry blessed to assist many of our less fortunate Appalachian neighbors with much needed goods and resources; college scholarships; and help with basic educational, health care and home repair needs.

If you would like to make a financial donation to Mission of Hope for our year round ministry expenses it would be greatly appreciated. The 2010 independent financial audit confirmed that 90 percent of every dollar donated went directly back into programs assisting individuals.

Thank you for caring enough to help those who still have hope.

www.MissionofHope.org

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Welcome to The Red River Gorge!

Congratulations. You have certainly made the right choice. You are in Kentucky's Red River Gorge Area where you can experience and enjoy a unique family respite from the day to day rush and stresses of modern living. Here you can find adventure, unequalled natural beauty as well as the quiet comfort and serenity of country life.

This destination is truly unlike any other in America; maybe the whole world!

With lush woodlands and sheer sandstone cliffs by the hundreds. Mountains rising majestically into the clear azure sky. Green forests and clear limestone streams.

The Red River then completes this spectacular vista making this place as appealing and beckoning as any place on earth.

To really appreciate the abundant and varied natural world that is the Gorge, one needs to get up close. Hiking is the perfect excursion into Nature's world. It's absolutely the ultimate non-polluting renewable energy method of travel -self power. Hiking any of the hundreds of miles of trails puts you right in the very essence of the many wonders of the unique characteristics of the Gorge.

There are thousands of species of plants- trees, vines, wildflowers, mosses and grasses.

Several species are found no place else on earth , only here.

If more active adventure is your cup of tea, it can be found in and around the immediate area. Zipping along at 55 miles per hour 300 feet above lush forests, sedately enjoying a waterborne boat ride in a clear water-filled underground cavern to tearing over miles and miles of off road trails and ATV courses.

You'll find adventure, simple to luxurious accommodations, great food, friendly people and memories the entire family will carry and cherish throughout a lifetime.

We are so happy you chose to spend some time with us!

Cliff View Notes

The official newsletter of
Cliffview Resort
Campton, Kentucky

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We gratefully acknowledge the information and assistance given us by the State of Kentucky Parks Department and the staff of the Natural Bridge State Park and thanks to the staff of the Natural Bridge State Park's newsletter, the *Natural Bridge Hiker*.

Cliffview Notes is published monthly except January and February for entertainment of Cliffview Resort Guests, Owners, Visitors, Staff, Tourists and Friends.

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HELPFUL WEBSITES & PHONE NUMBERS

State, County & City Facilities

Natural Bridge State Resort Park General Information

(606) 663-2214 or 1-800-325-1710 (reservations) 2135 Natural Bridge Rd. Slade, KY 40376 Trail map & descriptions, park laws and regulations, lodging, camping, group meeting facilities, group programs
"Natural Bridge State Resort Park is hiking, arches, exploring, scenery, reflection, and making memories."

www.parks.ky.gov/findparks/resortparks/nb

Kentucky State Nature Preserve Commission

www.naturepreserves.ky.gov

Red River Gorge National Geological Area (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/redriver_gorge.shtml

Gladie Cultural-Environmental Learning Center (606) 663-8100

www.fs.fed.us/r8/boone/districts/cumberland/gladie.shtml

Red River Gorge Trail Crew (Volunteers) www.RRGTC.com

Leave No Trace – Outdoor Ethics www.lnt.org

Kentucky State Parks - Create your own Experience.

www.parks.ky.gov Become a KYSP fan at:

<http://www.facebook.com/pages/Kentucky-State-Parks/152588316577>

Lee County Tourism Commission

Dedra Brandenburg Director 606.464.5038

www.visitleecountyky.com

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www.cliffviewresort.com 455 Cliff View Road, Campton, KY 41031

The Lodge, The Retreat and Lakeside Lodges are available for groups, weddings and retreats. Also available is the 8,000 sq foot Reception Hall

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www.redrivergorgecabinrentals.com

The Gorge Underground 844.254.6244) Thrillsville.org

Ian Teal 513.284.2332

Cliff Notes Jenny or Jerry Ison 865.674.6740

Email stories, ideas, suggestions, news to: jerry@jerryison.com



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Things To Do, Places To Visit, Where To Eat In The Red River Gorge



- Doggie Daycare **Scooter's Station** South from Resort on Rt. 11, right on Rt 498, right on Rt 52 west, left on Rte 399 to # 5814 on mailbox. 606.560.9091
- **HillTop Pizza:** Pizza, Salads, Subs, Spaghetti, Lasagna.
Delivery to Cliffview available. 606.464.9990 2034 Hwy 11N Beattyville. Approx 15 minutes south.
- **Daniel Boone Coffee Shop & Deli:** Gourmet Coffees, Deli Foods, Camping Supplies
606-663-2549 Natural Bridge Road (KY Rt. 11) near Slade Exit 33 15 minute drive.
- **Gorge Underground:** A Unique Waterborne Family Adventure *On The Water, Underground!*
Kayak and Pontoon Boat Tours 844-354-6244 Thrillsville.org 15 Minutes
- **Natural Bridge State Park, Lodge & Sky Lift:** Camping, Hiking, Rooms, Fine Dining
parks.ky.gov/resortparks/nb/index.htm
- **Red River Gorge Hiking, Rock Climbing:** fs.fed.us/r8/boone/
- **Brandenburg Grocery:** Hand Dipped Ice Cream, Hoodies, Gifts, Camping Supplies, T-Shirts
Fudge, Local Artisan Crafts 1321 Natural Bridge Road (KY Rt. 11) Slade, KY 10 Minutes
- **Wild Things of KY Reptile Zoo & Gem Mining:** KY Rt. 11 Slade 859-577-0277 15 minutes.
- **Daniel Boone Trading Post:** 606-663-2549; Natural Bridge Rd (KY Rt 11) 15 Minutes
- **Daniel Boone Coffee Shop & Deli:** Inside Daniel Boone Trading Post
- **Red River Adventure:** Kayaking and Canoeing redriveradventure.net 606-663-1012
- **Via Ferrata Rock Climbing Park:** Great for beginners 606-668-6441 torrentfalls.com 10 Minutes.
- **Yurt Rentals - Red River Gorge Cabin Rentals** Inside Cliffview Resort 844.692.2246
- **Beech Fork Golf Club:** In Clay City - 606-663-9479 30 minutes.
- **Sag Hollow Golf Course:** In Booneville 606-593-4653 40 min.
- **Beattyville Public Golf Course:** Off Rt. 52 in Beattyville, KY
606.356.4199 20 minutes
- **Ash Cave Rappelling** Rappelling, Hiking Camping Climbing
2343 Route 3224, River, KY 606.369.0511

Drive times are from Cliffview Resort to the listed attraction/event.

If a **Holiday Party, any Party, Family Reunion, Corporate Meeting, Church Retreat or Wedding** is on your to-do list, go ahead and check it off. We have the perfect solution to party planning from catering to lodging to activities. The **Lodge at Cliffview** will sleep 64. The 7000 square foot **Reception/Activity Center** seats up to 250 and has a fully equipped commercial grade kitchen. Our newest Lodges, the **Retreat** and **Lakeside** will each sleep up to 50. Both have double appliances kitchens and technically compatible theater style media rooms.

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Camping in State and Federal Forests

Ah, sweet, sweet Summertime and the livin'(and camping) is easy.

Preparation

- Summertime is unpredictable weather time. Check the weather forecast for the area.
- Plan your trip--know about the area and how to get there. Get detailed maps.
- Take enough food, clothing, and equipment to keep you comfortable in case of emergency.
- Notify others of where you will be, and when you plan to be home, in case someone needs to find you.
- If you are a beginning camper, contact your local camping outfitter for a general checklist of camping equipment.
- Take a cell phone with a fully charged battery - and - a spare. Make certain there is service in the area you will be camping then turn it off until you need to place a call.
- Inexpensive walkie talkies are also a good idea - with fresh batteries and spares.
- A loud whistle is another good idea. It can be used to attract attention and may be a good way to convince an unwelcome animal to leave the area.

Personal Safety

- Prevent animals from getting into your food. Consider placing it in your vehicle, or hanging it in a tree (12' high, 4' from tree trunk).
- State and national forest campground wells are approved by that governing body.

- Keep a few logs in your tent to keep them dry.
- Always bring extra matches and a least three or four Bic lighters.
- *Never even consider a camping trip without a comprehensive and fully stocked first aid kit and the American Red Cross first aid handbook. These may be more important in an emergency than any other items you could have.
- *Never use citronella insect repelling candles or other items with citronella scents. Bears love the smell and are attracted to it.
- **The 'No Impact' Camper** follows these guidelines to insure that today's forest and campground resources are available to tomorrow's users:
If you carry it in, please carry it out this will eliminate litter.
- Camp in a designated campsite within designated campgrounds, unless you have obtained an undesignated camping permit.
- Protect water sources from contamination; do any washing at least 100' away from source.
- Use biodegradable soap, or try hot water, soapless dishwashing, bathing and clothes washing.
- When using soap (even biodegradable) and toothpaste, do so at least 100' away from natural water sources, well or faucet water sources.

Take only pictures; leave only footprints and leave those only on designated trails and areas.

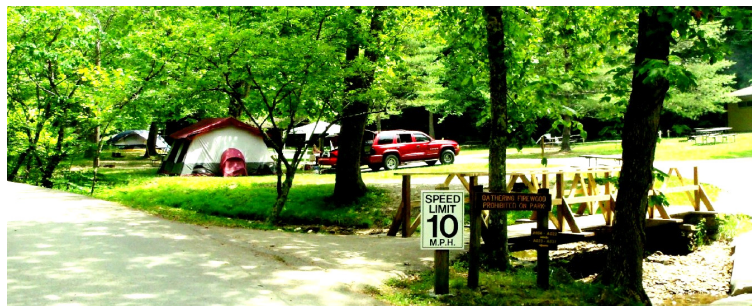
- Remember, when camping in any federal area, ***guidelines forbid the taking of even a pebble from national parks.***
- Never, ever cut a live tree for firewood. Never, ever bring wood from another area or state to local forest areas. Check with visitor center about obtaining approved firewood of local origin.

Prevent forest fires.

- Keep fires small.
- Have water available to extinguish the fire properly.
- Never leave a fire unattended.
- Maintain a 10' diameter and debris-free area around the fire.
- Make sure ashes are cold when you leave a fire.

Reminders:

- Be careful with your campfire -- keep it small.
- Be a good neighbor -- control your noise and animals.
- * Be respectful of your state and national forests -- keep the trees and shrubs alive and growing.
- Always keep your dog on a leash no longer than 6 feet, and away from public swimming areas.



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*It's Summer
Food Time!*
**Hamburgers
Hot Dogs**

As the song says, It's Summertime and the livin' is easy. Maybe part of the reason summertime livin' is easy is that a lot of the food preparation is easy-er. Like grilling hot dogs and hamburgers.

The summer meals are more casual, more picnic-like. Using paper plates and fewer pots and pans. Prep time for many summer meals is minimal and cleanup is a snap.

The very lean beef doesn't hold together on a grill very well unless fortified. The eggs and crackers will keep the burgers from crumbling through the grate. Okay, lets get grillin'!

The Juicy, Very Lean and Yummy Burgers

2 lbs ground sirloin (85 – 90% lean)

4 – 5 tbsp Worcestershire sauce

2 eggs, beaten

20 – 30 Ritz crackers, crushed

Crumble the meat in a mixing bowl. Mix in the Worcester sauce.

Let stand in refrigerator for 20 – 30 minutes.

Mix in the beaten eggs and the cracker crumbs.

Pat into 8 burger size patties (approx 4 - 5 Oz. each).

Grill over medium heat or fry with a little oil to your desired doneness. Medium to medium-well is recommended.

Serve on a toasted bun with your favorite burger fixings.

Enjoy.

Buck Thorn's Famous

Red River Gorge Dog



Split *all-beef* wieners lengthwise. Rub the insides with a mixture of ground sage, paprika and cumin.

Throw 'em on a hot grill until the skin is starting to crackle and turn a deep, burnt brown.

Toast some buns. (We recommend the same number buns as wieners!)

Spread brown mustard on one side of a bun, then lay on a thinly sliced dill pickle. Those lengthwise sandwich slices are best.

Mix some Heinz 57 or your favorite BBQ sauce with a few drops of hot sauce (we recommend *Buck Thorn's Deep in Dixie Fire Water*) then coat the other side of the bun with this mixture, letting your taste or adventurous spirit determine the amount of hot sauce.

If you wish, cold Cole slaw can also be layered on, but that's it. No other toppings allowed.

Never, ever put onions on this hot dog. The taste of the onion and sauce will combine for a very bitter flavor.

Serve with standard dog accessories; potato, bean or macaroni salad or some of each, potato chips and ice cold drinks .

The Red River Gorge Dog will wipe the memory of those sissy mustard, ketchup and relish garnishes completely out of your mind!



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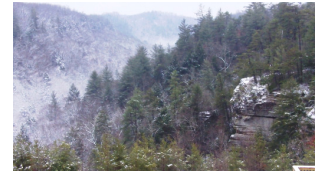
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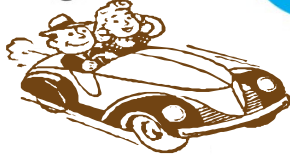
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Bluegrass Bits



Summer Nights on Main Street in Beattyville



CRUSIN' 2021

AUGUST 27TH

SEPTEMBER 24TH

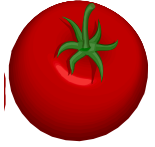
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Hosted by: Downtown Beattyville Alliance

Summer Nights on Main Street is every last Friday night of the month. Classic cars cruising town, music, food, fun.

Natural Bridge Artisan Festival - August 20-23rd at the state park. Accepting vendors for only \$10.

Summer's Scent



Walk out into your backyard tonight just before dark. Face your garden or flower beds and take a deep breath. Through the nose. Smell that? That, my friend is the scent of summer. The moist smell of new-mown grass. The smell of a variety of blooms. Maybe a scent of a rain storm on the rising wind. That "dust" smell after a light summer shower.

But all those wonderful summer smells, as pleasant as they are, don't say summer like the fragrance of tomato vines. There is something about the scent of those ripening, home grown fruits of summer that evokes pleasant thoughts and images in my mind. When I was kid, my mother always grew at least three times as many tomatoes as our family could eat. One of life's simple pleasures was sitting in a tangle of tomato vines on a hot August day chomping down on a dozen or so cherry tomatoes like so many scarlet grapes. Other times I would take on the big boys. That patch was the best place to really enjoy chomping into one of Mom's "Big Johns". With a little forethought, a salt shaker added to the enjoyment. The juice from those huge, hot tomatoes would run down my chin and dry in little puckered spots on my shirt and Levis



J. Ison

Okay, Let's get to the bottom of this.
The Well is the one and only liquor store in Beattyville selling liquor, beer and wine.

Located in Beattyville on KY Rte 52 in the Boneyard Building at River's Edge.

Come enjoy a peaceful summer's eve on the patio sipping a glass of wine, watching the river flow.

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